



HESTER STANDER



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BOOKING AND REGISTRATION FORM - OUTENIQUA HIKING TRAIL

DATE: 17 - 21 NOVEMBER 2025

PERSONAL DETAILS

Name and Surname _____

ID/Passport No _____

Email _____

Cellphone No _____ Citizenship _____

Next of kin _____ Cellphone No _____

MEDICAL HISTORY

State any chronic medical conditions and allergies _____

Medical Aid _____ Medical Aid No _____

Main member _____ Main member contact details _____

Does your medical aid cover evacuation? _____

HIKING EXPERIENCE

Kindly answer the following questions. It's important to know the capabilities of each participant

How often do you hike? _____

How would you describe your level of fitness to a score of 1 - 10? (10 Being extremely fit) _____

Have you done multi-day hiking with a backpack before? _____

If yes, when was the last time you did a multi-day hike and which trail did you do? _____

Do you have any fear of heights? If yes please indicate your level of fear, to a score of 1 - 10 (10 being extreme fear)

PAYMENT REQUIREMENTS

The total amount of R2,410 is due upon registration. You will be added to a WhatsApp group. Once your booking is confirmed, I'll send you the itinerary, packing list, and meal recommendations.

CANCELATION POLICY

All cancellation must be written and send by email.

Due to the short notice period, no refunds will be issued. If the weather prevents us from proceeding with the hike, an alternative date will be provided.

BANKING DETAILS

Ms H.F.E. Stander, Capitec Bank, Savings Account, Account No: 1528040560. Please use your name and surname as reference.

Signature

Date

Place